

MEGA MYCOBALANCE™

MegaMycoBalance™ is formulated to support healthy yeast and fungal balance. Its active ingredients, undecylenic acid and bee propolis provide targeted support for yeast maintenance. It can also be used to maintain the balance of other commensal fungi. Support from MegaMycoBalance™ can maintain a healthy balance in the gut microbiome, producing a downstream effect on vaginal microflora and yeast.

Balancing Yeast Through Digestive Support

Commensal fungi are commonly found within the gut and the body's other microbiomes. When a healthy balance is maintained, small numbers of commensal yeast and fungi support nutrient digestion and absorption. However, yeast and fungal overgrowth can damage and breach the intestinal lining, spreading into the bloodstream and throughout the body. Yeast and fungi can then grow and "root," triggering a myriad of unwanted and uncomfortable health challenges.

Research acknowledges a direct correlation between vaginal yeast overgrowth and simultaneous yeast and fungal overgrowth in the digestive tract. MegaMycoBalance™ addresses yeast and fungi in the digestive tract and maintains *Candida* levels already within the normal range. Providing targeted support to restore healthy yeast balance in the gut can subsequently support a healthy balance in other microbiomes where yeast and fungi thrive and tend to overgrow, including the vagina, mouth and skin.



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about Mycobalance



Key Benefits and Features

- Supports balanced yeast and fungi levels in the gut
- Supports the gut microbiome's microbial balance
- Maintains *Candida* levels already within a normal range
- Supports a healthy balance of vaginal flora by maintaining balanced intestinal flora

Bee propolis

Bees line their hives with this waxy, resinous material for support in fending off fungal and bacterial threats. Many studies have confirmed the fungal inhibitory support of propolis flavonoids against various yeast species, including commensal yeast found in the human body. Bee propolis contains unique bioflavonoids pinocembrin, galangin and pinobanksin that help maintain fungal and microbial balance in the body.

Undecylenic acid

This organic fatty acid derived from castor bean oil can support healthy yeast balance in the gut. Yeast species can spread quickly through the intestines by creating tiny roots, or hyphae that can become deeply embedded in the intestinal wall. According to research, undecylenic acid provides valuable support that disrupts yeast cells, inhibits biofilm formation and prevents yeast from transitioning to filament form.

SUPPLEMENT FACTS

Serving Size 6 Softgels
Servings Per Container 30

Amount Per Serving	% Daily Value*	
Calories (energy)	25	
Total Fat	2.5 g	3%
Protein	<1 g	
Undecylenic acid	300 mg	†
Bee propolis 70% extract	300 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily values not established.

OTHER INGREDIENTS: Olive oil, bovine gelatin, glycerin, purified water, beeswax, sunflower lecithin.

BEE PROPOLIS IS A PLANT RESIN THAT BEES USE TO LINE THEIR HIVES.

SUGGESTED USE: Ages 8+

Start by taking 1 softgel daily with or without a meal for 5 days. As tolerated, increase your daily dose by 1 softgel every few days to reach the full dose of 6 softgels daily, or as recommended by your healthcare practitioner. For children under 8 years of age, consult with your healthcare practitioner.

1. Chretien, J.H., et al. (1980). <https://doi.org/10.1111/j.1365-4362.1980.tb01997.x> 2. McLain, N., et al. (2000). <https://doi.org/10.1128/AAC.44.10.2873-2875.2000>
3. Miles, M.R., et al. (1977). <https://doi.org/10.1001/jama.238.17.1836> 4. Pereira, R.R., et al. (2013). <https://doi.org/10.1002/jps.23451> 5. Shafran, S.D., et al. (1997). <https://doi.org/10.1086/514042> 6. Sudbury, P.E. (2011). <http://dx.doi.org/10.1038/nrmicro2636> 7. Szweda, P., et al. (2015). <https://doi.org/10.1007/s12088-014-0508-2>
8. Shi, D., et al. (2016) <https://doi.org/10.5414/CP202460>



Want to learn more? Contact us

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**Food supplements
should not be used as
a substitute for a healthy
diet and lifestyle.**