

# ZENBIOME™ DUAL

Zenbiome™ DUAL is a dual-action probiotic combination designed to support both digestive comfort and mood self-regulation. This unique, holistic solution targets the gut-brain axis and is clinically demonstrated to support the relief of occasional gastrointestinal (GI) discomfort and its associated psychological stress. Powered by two innovative probiotic strains, Zenbiome™ DUAL provides around-the-clock digestive maintenance, supporting optimal gut health and overall well-being.

## Address Functional GI Discomfort with 1714™ & 35624™

Functional GI discomforts can be seen as dysfunctions of gut-brain interaction. They involve how the gut and brain work together. When issues of these unwelcome discomforts occur, the digestive tract can become sensitive and irritated. Bowel muscle contractions may be altered, resulting in occasional abdominal discomfort, gas, bloating, constipation, and/or diarrhea.

The gut-brain axis is a bidirectional communication pathway between gut microbiota and the central nervous system (CNS) that significantly supports healthy digestion, gastrointestinal comfort, cognitive function, and mood. A probiotic that supports a diverse and balanced gut microbiome and a robust gut barrier can help maintain a healthy gut-brain axis. A "psychobiotic," a type of commensal probiotic bacteria that impacts the gut-brain axis, can help support healthy brain function.

*Bifidobacterium longum* 1714™ is the trail-blazing psychobiotic biotechnology in Zenbiome™ DUAL. Psychobiotic 1714™ may support healthy cognitive function, cognitive processes, healthy nerve function, and feelings of overall well-being. It may also provide occasional stress maintenance.

*Bifidobacterium longum* 35624™ is a groundbreaking probiotic biotechnology that survives transit through the GI tract. Once in the gut, it adheres to intestinal epithelial cells and the gut barrier's mucous layer, supporting a calming effect and may help to maintain relief from occasional abdominal discomfort, gas, bloating, constipation, and/or diarrhea.



## Key Benefits and Features

- Supports digestive comfort
- May relieve occasional episodes of abdominal discomfort, gas, bloating, diarrhea and/or constipation
- Supports the gut-brain axis
- Maintains normal, regular digestive processes
- Supports mood self-regulation
- Help address and overcome occasional stress
- Maintains cortisol levels already within a normal range
- Maintains energy, vitality, and mental acuity
- Supports balanced sleep
- Provides health-supportive bacteria for the GI tract

## SUPPLEMENT FACTS

Serving Size 2 Capsules  
Servings Per Container 30

Amount Per Serving	% Daily Value
Proprietary Probiotic Blend	97.5 mg †
*At time of manufacturing	10 Billion CFU*
<i>Bifidobacterium longum</i> 1714™	†
<i>Bifidobacterium longum</i> 35624®	†

† Daily values not established.

**OTHER INGREDIENTS:** HPMC capsule, cellulose, magnesium stearate.

\*1714™ and 35624® is a trademark of PrecisionBiotics Group Ltd.

**SUGGESTED USE:** Take 2 capsules daily with or without a meal or as directed by your healthcare practitioner.

## Ingredient Highlight:

### **BIFIDOBACTERIUM LONGUM 1714™**

1714™ helps support the body's response to occasional stress and maintains the brain's cognitive function. This strain helps support HPA axis function and helps maintain cortisol levels already within a normal range. In studies, it also helped support memory function. In a 4-week human trial, support from 1714™ reduced perceived stress, improved memory function, reduced mental fatigue, positively supported brainwave activity, and improved occasional stress-handling abilities.

### **BIFIDOBACTERIUM LONGUM 35624®**

Supported by 19 years of scientific research, 35624™ was specifically selected and developed to provide targeted support for functional GI issues and occasional abdominal discomfort, gas, bloating, constipation, and/or diarrhea. Proven efficacious and safe in clinical, mechanistic, and genomic studies and chronicled in over 150 scientific publications and presentations at international meetings, 35624™ is one of the few probiotic strains that can make such bold claims.

1. Allen, A.P., et al. (2016). <https://doi.org/10.1038/tp.2016.191>. 2. Dinan, T.G., et al. (2017). <https://doi.org/10.1038/nrgastro.2016.200>. 3. Savignac, H.M., et al. (2014). <https://doi.org/10.1111/n-mo.12427>. 4. Savignac, H.M., et al. (2015). <https://doi.org/10.1016/j.bbr.2015.02.044>. 5. Whorwell, P.J., et al. (2006). <https://doi.org/10.1111/j.1572-0241.2006.00734.x>. 6. O'Mahony, L., et al. (2005). <https://doi.org/10.1053/j.gastro.2004.11.050>. 7. Groeger, D., et al. (2013). <https://doi.org/10.4161/gmic.25487>. 8. onieczna, P., et al. (2012). <https://doi.org/10.1136/gutjnl-2011-300936>.

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Want to learn more? Contact us

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**Food supplements  
should not be used as  
a substitute for a healthy  
diet and lifestyle.**